This booklet provides a list of available civil rights related videos. Videos are listed by broad categories such as sexual harassment, diversity, disability, special emphasis, etc. Within those categories, there is a brief description of each title and an approximate running time.

The Civil Rights Division welcomes you to borrow videos for your training needs. We can be reached at (301) 504-7756 or (800) 269-6912 if you have any questions. If you would like to borrow a video, we ask that you make your request known via e-mail to Vanessa.jones@fsis.usda.gov. If you do not have e-mail access, please fax the request to (301) 504-7746 to the attention of the Equal Opportunity Assistant, PPACB Staff.

You are allowed to borrow two videos from the Video Library at a time. Upon receiving the videos via FedEx, please note the accompanying letter indicating when the video should be returned to the Civil Rights Division. For insurance purposes, please return all videos via FedEx. We thank you in advance for your cooperation.



H. Steven L. Newbold II, Ph.D. Director, Civil Rights Division

Sexual Harassment Videos

<u>"Sexual Harassment: Is it or isn't it?"</u> This video provides the viewer with the legal definition of quid pro quo and hostile work environment sexual harassment types, and raises awareness through numerous and varied examples of potential/actual subtle and non-subtle forms of sexual harassment in the workplace. Viewers determine if the scenarios present situations which could reasonably result in allegations of sexual harassment. The video provides guidance on ways to avoid such behaviors and what to do if one becomes a victim of such behaviors. **17 minutes**

<u>"Sexual Harassment (Not Government Approved)</u>" This video uses a combination of live action character interplay and a mock supervisory training session to educate viewers about hostile environment sexual harassment. It underscores the illegality of such conduct, and the detrimental effect on those in the work environment and on productivity when management fails to act upon it. It also suggests preventative and corrective measures. Suggested for new supervisors.

<u>"Sexual Harassment (Not FSIS Approved)"</u> An FSIS video designed to support the Administrator's policy on the prevention of sexual harassment. It sets forth three major requirements for FSIS managers, supervisors and employees to recognize sexual harassment situations, to respond in a timely manner, and to respect the rights of others. **27 minutes**

"Sexual Harassment-New Roles New Rules" The primary theme is the reality of today's work environment - jobs are performed by people of both genders. It explores and defines forms of harassment including "quid pro quo" (this for that), and a hostile work environment. It also explains that it is not so much the INTENT of unwelcomed behavior, but the resulting IMPACT the behavior has on others, and that it is important employees be very aware of how others may react to a specific behavior, comment, display, etc. by sharing five rules to follow: 1) DON'T TOUCH; 2) DON'T LOOK; 3) DO UNTO OTHERS AS YOU WOULD HAVE THEM DO UNTO YOU OR YOUR LOVED ONES; 4) HARASSMENT IS IN THE EYE OF THE BEHOLDER; AND 5) COMMON COURTESY.

<u>"Sexual Harassment: You Decide"</u> This video presents 16 brief but real life work place vignettes to illustrate borderline situations of sexual harassment. Assists the viewer in understanding both the legal definitions of sexual harassment and how to recognize it in the real world. Challenges the viewer to distinguish inappropriate/unprofessional behavior from sexual harassment, and to identify circumstances in which inappropriate behavior could become sexual harassment.

This video has both a narrated version intended for use with a facilitator, and a vignettes- only version for self study. It also includes participant and facilitator guides and a self study workbook. *22 minutes*

<u>"The Workplace Hustle"</u> This video is designed to show that sexual harassment on the job is a serious and widespread problem. Emphasizes that sexual harassment is against the law, violates the rights of its victims, and undermines organizations through reduced productivity, staff turnover, and lost working hours. 30 minutes

Harassment/Discrimination Videos

"Harassment: Keeping it out of the work place" This video depicts role playing vignettes of improper workplace harassment as well as sexual harassment, including harassment through face to face contact, e-mail, the internet, and the telephone. 18 minutes

<u>"Resolving EEO Conflicts"</u> This video demonstrates a mock mediation and provides a useful overview of the mediation process, the respective roles of the mediator and participants, and tips on behaviors which participants should use or avoid in order to achieve a successful outcome. Explains how participants can interpret events of an incident without sounding confrontational, and highlights six ways to help a mediation run smoothly. 12.5 minutes

<u>"A Class Divided"</u> At a small town class reunion, an adult group discusses the impact of an experimental program conducted when they were in the third grade. The color of their eyes or the use of colored neck collars identified each person to a specific group. This dramatic lesson in discrimination and human relations was filmed for Front Line, a Public Broadcasting Network TV show. 55 minutes

"Managing and Leading Effectively: How to Achieve a Discrimination Free Workplace" Intended for managers and supervisors. This video depicts an informal training session between an EO/CR specialist and a new supervisor seeking guidance on how to avoid workplace complaints. The specialist and supervisor role play several scenarios involving situational misperceptions having the potential to become complaints followed by an explanatory discussion. 14 minutes

"Respect on the Job" This video displays five case scenarios depicting illegal acts of discrimination in the workplace. Highlighted are acts of discrimination based on gender, national origin, age, race, and disability. It raises the issue of stereo-typing as a major catalyst for discrimination. In an effort to reinforce the video's objective, the narrator makes a point to remind the audience of the illegality of discrimination following each scenario. It also warns of the ramifications associated with discrimination, such as law suits, punitive and compensatory damages, attorneys' fees etc., and makes it clear that reparations cost employers billions of dollars.

Disability Awareness Videos

<u>"Enable"</u> "Life is a juggling act. We are constantly juggling the activities of work, home, and family to keep the rhythm of our lives in harmony. But what happens when you have a disability? Do you just let the pins drop, or do you pick them up and juggle a different way? Join The Flying Karamazov Brothers as they introduce you to people who are using the personal computer to allow them to get back into the rhythm of life. You will see that with the help of the personal computer, people with disabilities are working, creating, communicating, and juggling the activities of life." *45 minutes*

<u>"Look Who's Laughing"</u> "A funny and compelling documentary about lives, experiences and humor of six working comedians who have various types of disabilities. Shot at comedy clubs across the country, *Look Who's Laughing* spotlights some of the most talented and truly funny comics working today." 56 minutes

"The Americans with Disabilities Act (New Access to the Workplace)" "Although called 'disabled', people with disabilities are ready, willing and able to work. Yet many are denied the opportunity to contribute to our society, and employers are missing a very valuable human resource. Recently enacted civil rights legislation is changing the way employers view the disabled. In 1990, President Bush signed into law the Americans with Disabilities Act (ADA), which bans discrimination against people with disabilities by private sector employers. This comprehensive program explains this law, shows how it will affect employers, and outlines the steps required to implement it. The program also dispels some of the myths surrounding people with disabilities and shows how this untapped human resource can benefit your organization."

"The Ten Commandments of Communicating with People with Disabilities" In a light-hearted yet educational fashion, this video uses the "Ten Commandments" as a backdrop to share 10 scenarios regarding communicating with people with disabilities. Its message conveys simply showing equal respect and courtesy to all people. Though impulse may guide one to treat people with disabilities as lesser individuals or as children, one must counter those urges and treat a person with a disability as an adult, and with dignity and respect; i.e., "a person with a disability; not a disabled person," keeping in mind, no one is perfect and everyone is different than everyone else. 26 minutes

Talking about Diversity Videos

<u>A Tale of "O"</u> This video is an innovative presentation that explores common issues facing any individual who works with people who are different. Using universal symbols, A Tale of "O" creates awareness of and encourages sensitivity to these situations.

"Harnessing the Rainbow: Diversity and the Bottom Line (General Audience)" This video presentation is in a workshop setting with a very motivational speaker who articulates and discusses dealing with diversity and ethic stereotypes. The speaker also gives examples on some of his personal feelings as a child and how he had to learn to embrace his own cultural background. The message is to harness the rainbow of diversity and capitalize on the different views and perspectives that a diverse organization offers; to go beyond the golden rule of doing unto others as you would have them do unto you by treating people the way THEY want to be treated. This video is geared for a general audience. 35 minutes

"Harnessing the Rainbow: Diversity and the Bottom Line (Management)" This video presentation is in a workshop setting with a very motivational speaker who articulates and discusses dealing with diversity and stereotypes with regard to ethnicity. The speaker also gives examples on some of his personal feelings as a child and how he had to learn to embrace his own cultural background. The message is to harness the rainbow of diversity and capitalize on the different views and perspectives that a diverse organization offers; to go beyond the golden rule of doing unto others as you would have them do unto you by treating people the way *THEY* want to be treated. This video is geared for managers with special instructions on dealing with diversity in the workplace.

35 minutes

"True Colors" "In the 1960's, Black Americans were promised that this country would no longer judge an individual solely on the basis of his skin color. Thirty years later, does 'equal opportunity' really exist? How much closer are we to this democratic ideal? In this provocative edition of ABC's 'Prime Time' host Diane Sawyer follows two college educated men in their mid-thirties, one black, one white, as they involve themselves in a variety of everyday situations to test levels of prejudice based on skin color. The startling results are unsettling, shameful. Discussion with two experts on the social economic consequences of race in America helps to reveal why, three decades after proclaiming equality for all Americans, the reality escapes us." 20 minutes

"The War Between the Classes" This video highlights prejudice and discrimination. Its goal is to show to what extent the social class dictates our perception, outlook, and life experience. It explores how we feel about ourselves, and how group identification can influence our associations.

Through a "color game," high school students are arbitrarily assigned to one of three social classes required to act out their class status twenty four hours a day, seven days a week. Some take their role playing to the extreme, leading to major difficulties with relationships and interactions, ultimately leading to events which closely mirror those that occurred prior to the passage of the Civil Rights Act of 1964. The production does an excellent job of sharing the perceptions of the players as they use and abuse their virtual status. 32 minutes

"Valuing Diversity 3 Communicating Across Cultures" This video dramatically depicts how misunderstandings result from different styles of communication. It also addresses the discomfort people feel when dealing with issues of race and gender, and suggests ways to communicate more effectively. 40 minutes

"Top 20 Questions on Diversity Management with Dr. R. Roosevelt Thomas" "As founder of The American Institute for Managing Diversity, Dr. R. Roosevelt Thomas shares his insight and directs balance toward managers and employees for working together in an all-encompassing environment. He delivers powerful material on empowering your employees to respond appropriately to diversity and further educates managers on managing differences and similarities more effectively. Plus, in a special bonus section, Dr. Thomas incorporates his infamous 'Jellybean' and 'The Giraffe and the Elephant' analogies for adapting your workplace to diverse employees." 25 minutes This video is suggested for use by EEO Advisory Committee Members; EEO Coordinators; EEO Liaisons and Equal Employment Specialists.

Special Emphasis Program Videos

"She's Nobody's Baby" Uses historical footage and narration by Alan Alda and Marlo Thomas to provide a chronological overview of the progress of women in the United States during the 20th century. This video highlights women's contributions as turn of the century housewives, leaders in the movements for labor reform/voting rights and political/social reform, contributors to the WWII labor pool, and in advances in aviation, science, sports, cinema, fashion, and the women's movement. A highly recommended video to show during Women's History Month.

"The Promotable Woman" A seven tape video series which focuses on women in the professional workplace. Although the videos list and explore strategies that have made a difference for women, they apply to both genders. They present solid relationship skills used to overcome career obstacles and stereotypes and to get ahead in today's working world. These videos provide guidance to find the appropriate level of firmness, friendliness, and assertiveness to maintain a successful life inside and outside the workplace. In addition to dividing the series into seven phases addressing major topics that include Skills, Prosperity Thinking, Positioning, Prescriptions for Comfort Management, and Patterns for Power, it relates that wealth and opportunity are available in abundance from many sources, and how to go about making a strong effort to replace negative thoughts and posture with those of a positive nature.

"Call the Roll – Heroes in Black History" This video presents a quick but thorough overview of the history of Blacks in America beginning in 1619 with Africans coming to America through the 1988 Jesse Jackson era. 20 minutes

"The Black Eagles" A four part documentary series hosted by Tony Brown, tells the untold story of the World War II 'social experiment' of the Tuskegee Airmen, also known as the 'Black Eagles. The U.S. military used the Tuskegee Airmen as a test to assess the role of Blacks in the military, and to determine the combat performance and capability of Blacks to fly aircraft during wartime. Episodes include 'Clipped Wings', 'The Enemy Within', 'Jim Crow's Graveyard', and 'Red Tails and Black Aces' Each tapes runs approximately 28 minutes. 1983

Other Videos of Interest

"To Your Health! Food Safety for Seniors" "Good food, like good friends, is one of life's great joys. But when it's handled improperly, food can make you ill. Millions of Americans get sick from unsafe food each year, and in some cases, older adults are much more likely to suffer severe effects. This 14 minute video is designed to: Explain why seniors may be more susceptible to food borne illness; Learn four simple steps to handling food safely at home; Provide tips on how to 'eat out' safely. Jointly produced by the U. S. Department of Agriculture and the Food and Drug Administration, the video uses colorful vignettes of seniors to illustrate the concept, 'An ounce of prevention is worth a pound of cure." 14 minutes

"I wish my manager would just..." (Management Meeting Opener)" "Looking for a way to improve your management skills? Tired of all the books, audios, and videos with great concepts that seem almost impossible to implement into your daily life as a manager? This video entitled 'I wish my manager would just...' provides valuable ideas that can be easily implemented immediately after viewing. And, best of all, the advice on how to be a better manager comes directly from those who should know best, your employees." Intended to be used as an ice breaker to help stimulate group discussion. 4 minutes

<u>"Simple Justice – Program Discrimination Complaints in USDA"</u> This video is included in mandatory USDA civil rights training. It contains several vignettes depicting USDA employees engaged in delivery of program services to the public, including the distribution of park service permits and applications for farm loans. It demonstrates how USDA employees must conduct themselves in a nondiscriminatory manner when delivering program services, and how to provide information to the public on filing complaints.

"Invisible Rules: Men, Women, and Teams" In an entertaining and lively discussion, psychologist Dr. Pat Heim explores and uncovers the 'invisible' differences between men and women in their roles as team leaders and team players. By uncovering the differences in gender behavior learned from growing up in different 'cultures' (e.g. linguistic expression, nonverbal communication, ideas about what it means to be a team player) Dr. Heim offers thoughtful insight into making these 'invisible' rules visible to further understanding, communication, and teamwork among men and women.

34 minutes. 1996